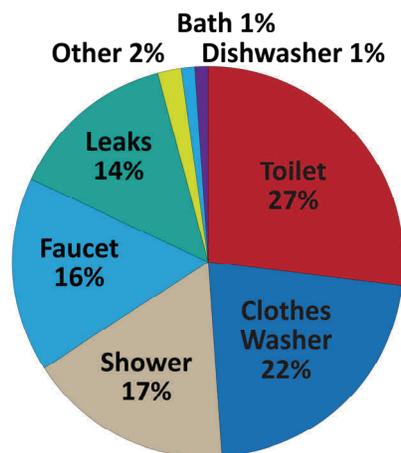


Water Facts

- Canadians use an average of 350 litres of water per person per day!
- Flushing garbage or food down the toilet wastes 6 to 20 litres of water.
- An average bath requires 115 to 190 litres of water, while the average shower uses only 38 to 75 litres of water.
- Using a low-flow showerhead can save you up to 2,800 litres of water per month!
- Turning the water off when you brush your teeth can save 95 litres of water per month.
- 76 litres are used on average to wash dishes by hand (water running to rinse).

Water Consumption



Links and Resources

Water Stewardship BC

<http://www.env.gov.bc.ca/wsd/>

Environment Canada

http://www.ec.gc.ca/WATER/en/manage/effic/e_weff.htm

Fraser Valley Regional District

<http://www.fvrd.ca/EN/main/services/water.html>

Canada Mortgage and Housing Corporation

<http://www.cmhc-schl.gc.ca/en/inpr/su/waho/index.cfm>

Living Water Smart

<http://www.livingwatersmart.ca/book/>



www.fvrd.ca

Fraser Valley Regional District
45950 Cheam Avenue
Chilliwack, BC V2P 1N6
P: 604. 702. 5000
TF: 1. 800. 528. 0061



*Simple changes you can
make to conserve water*



Why conserve it?

Because we can't live without it and neither can our environment. It's important to use it wisely and protect it.

We hear a lot about climate change and unusual weather patterns, both of which may have a direct impact on our water supply. While water is considered a renewable resource, at times it can be scarce and in those times especially, it's important to think twice before we use it!

What can you do to help?

There are countless ways that you can reduce your water usage. Conserving the water we use in our homes and gardens will help keep it clear and flowing in our communities now and for many years to come.



In the Kitchen



- Run your dishwasher only when it's full.
- Use "water-saving" or "low water" cycles whenever possible.
- Fill the sink and use a stopper instead of letting the water run when washing dishes.
- Wash your fruit or vegetables in a bucket and use the leftover water for watering your plants.
- Compost your fruit and vegetable scraps instead of using a garbage disposal.
- Keep a bottle or jug of water in the fridge; running the tap for a cold drink of water is wasteful.

Outdoors

- Mow your grass less often; keeping grass 2-3 inches high keeps the soil shaded and moist.
- Landscape with native plants; they adapt to local weather and need less water in the drier season.
- Check outside taps, pipes and sprinklers for leaks.
- Use a broom to sweep your driveway or sidewalk instead of using a hose.
- Let your lawn turn brown in the summer; it will revive quickly with rain and cooler weather.
- Water your lawn in the morning or evening to maximize water retention. Don't water on windy or very hot days.
- Collect rain water in a barrel and use it to water your garden.

In the Bathroom



- Turn off the water when brushing your teeth, shaving or lathering your hands.
- Install low-flow shower heads, faucets and toilets; that can reduce your water use by 50%.
- Take showers instead of baths.
- Take shorter showers; every minute saves approximately 19 litres of water using an older showerhead, and approximately 10 litres using a low-flow showerhead!
- Fix leaky toilets, showers and faucets; fixing a leaking toilet can save up to 300 litres per week!