

STEPS TO BECOMING A NATIONAL LIFEGUARD

Bronze Medallion

Prerequisites: Minimum 13 years of age or Bronze Star certification



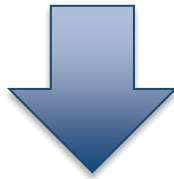
Bronze Cross

Prerequisites: Bronze Medallion



Standard First Aid & CPR-C

Prerequisites: None (Recommended 15 years old)



National Lifeguard (NL)

Prerequisites: Bronze Cross, Standard First Aid, 15 years of age (by last day)

STEPS TO BECOMING A SWIM INSTRUCTOR

Lifesaving Society Swim Instructor

Prerequisites: Bronze Cross certification and Minimum 15 years of age.