

EXPRESSION OF INTEREST FOR CONTRACT FITNESS INSTRUCTORS

Are you a fitness leader looking to engage and empower others to be happy and healthy? We are looking for self-motivated, enthusiastic, and energetic contract fitness instructors to teach at the Hope & Area Recreation Centre, a thriving community hub!

First Name: _____ Last Name: _____
 Phone Number: _____ Email: _____
 Address: _____

Which of the following registrations and/or certifications for you currently hold? Check all that apply.

BCRPA:

- Aquatic Fitness
- Group Fitness
- Older Adult Fitness
- Osteofit
- Personal Training
- Pilates
- Yoga Fitness

Or Equivalent (please specify):

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Please list any other relevant fitness certifications or training you may hold:

Which classes are you interested in teaching? Check all that apply.

- | | | |
|--|--|--|
| <input type="checkbox"/> Fitness Express | <input type="checkbox"/> Aquafit | <input type="checkbox"/> Core & More |
| <input type="checkbox"/> Yoga Flow | <input type="checkbox"/> Yoga Lite | <input type="checkbox"/> Spin Class |
| <input type="checkbox"/> Get Up & Go | <input type="checkbox"/> Forever Fit | <input type="checkbox"/> Strength Circuit |
| <input type="checkbox"/> Other (Specify) _____ | <input type="checkbox"/> Other (Specify) _____ | <input type="checkbox"/> Other (Specify) _____ |

How many hours have you worked in the fitness industry?

- <49 50 - 199 200 – 499 500+

Please list any fitness training/certification you are interested in pursuing within the next year:

How many classes would you ideally like to teach in a week?

What is your anticipated availability?

2021 November/December _____

2022 January-March _____

2022 April-June _____

Are you able to provide and pass a Criminal Records Check?

If you have questions about this opportunity, please contact Lauren Janzen at ljanzen@fvrd.ca

Please submit this Expressions of Interest form along with your resume to:

Mike Freimark, Assistant Manger

via email mfreimark@fvrd.ca

or drop off at the Hope & Area Recreation Centre (1005 6th Avenue Hope, BC)

We thank everyone for your interest, however only those selected for further discussion will be contacted.